



# Health & Wellness



**Positive  
Mental  
Health  
Support**

Bremen Township  
Wellness Center  
Youth and Family Services

## 2024 Health Fair

LIVE LONG STAY STRONG

**SATURDAY April 27, 2024 10am-1pm**

- Car Seat checks
- Women's Wellness
- Governor's State University  
Blood Pressure & Hearing Screenings
- HERO (Heroin Epidemic Relief Org.)
- Mental Health
- Dental
- Crisis Intervention
- Bag Painting
- Sensory Obstacle Course
- Reflexology
- Bremen Township  
General Assistance
- U of C "All of Us Research Program" To help design precision medicine
- Oak Street Health
- Albertson's (Jewel-Osco Pharmacy)  
Immunizations:  
RSV, Pneumonia, Shingles, Covid, Tetanus
- Chiropractic
- Memory Care
- Podiatrist
- Fitness
- Humana Insurance
- Giveaways
- Together We Cope
- Taquiria Mi Taquito



**HEALTH  
SCREENINGS**



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**Kathryn Straniero** Supervisor

Bremen Township Working for YOU!